



# EAST HULL HARRIERS & A C

Present the annual

## EAST HULL 20

### Sunday 18 March 2012 at 10.00 am

(Under UK Athletics Rules - Licence applied for)



*The Ideal 'warm up' for the London Marathon*

Sponsored by



- Fully marshalled and mile markers
  - Registration East Hull Harriers & A C clubhouse, Saltshouse Road, Hull. HU8 9HF
  - Refreshments, car parking
  - Male and female changing facilities, showers.
  - No refund of entry fee
  - **Entry closing date - Wednesday 7 March 2012**
  - Late entries will not be eligible for prizes
  - Commemorative gift to all finishers
  - **No entries on the day. Race limit 400.**
  - **Minimum age 18 years**
  - Time limit 4 hour 30 minutes
  - Extensive prize list for Men, Ladies, Masters & teams
  - No exchange of numbers
  - Race numbers to be collected at Registration
  - Disabled athletes - please contact Race Director
- A fast flat course accurately measured for RRC standards. Please note - sections of the course include the old railway track which is inaccessible to motor vehicles.

**Entry fees: UKA members £16.00, Non UKA £18.00 (online entries + £1.25)**

Cheques made payable to East Hull Harriers & A C

**Postal entries to: Brian and Pauline Jennison, 25 England Road, Bilton, Hull. HU11 4HT**

**On line entry at <http://www.ukforms.net/> (+ £1.25)**

Enquiries - Brian and Pauline, telephone 01482 812138; email [ehh20@bandpjennison.karoo.co.uk](mailto:ehh20@bandpjennison.karoo.co.uk)

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## EAST HULL '20'

Please enter me for the 'EAST HULL 20' - Sunday 18 March 2012.

I am medically and physically fit to run and understand I enter at my own risk. The organisers will not be held liable for any injury, loss or illness however occasioned from the event.

Name: .....

Address: .....

Postcode: ..... Tel No: .....

D D    M M    Y Y  
 Date of birth:

MALE     FEMALE     (Please tick)

(Must be 18 years or over on 18/03/2012)

UKA Club: ..... Competitor licence no: .....

Unattached:  Email address: .....

I enclose my entry fee. Total amount enclosed: £ ..... (£16.00 UKA, £18.00 non UKA)

Signed: ..... (from ukresults.net)

Visit [www.easthullharriers.com](http://www.easthullharriers.com) after Friday 9 March 2012 for a full list of competitors.